

Host a Wellness, Health, or Cooking Party

- Plan and create an event for your group of friends and family in your home.

Choose 1 or more options that best fit your interests...

Options include:

- **Cooking classes**
- **Kids class**
- **Kitchen organization**
- **Wine & Dine/Dinner party**
- **Grocery shopping**
- **Fun Fitness Bootcamp**

Contact:

Rachel Cantore
630-300-8289
Rachelfusion@gmail.com
www.rachelfusion.com



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food & fitness

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